### EFFECTIVE TEAM 101

# Southeast Actuarial Conference

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### Little Play-Book How to build an EFFECTIVE TEAM

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Format: In Person Duration: Per Context

Prior to the workshop there are on-line assignments

Using Pool and other Team Activities as Your Tools





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	Purpose	Emotional Intelligence	Practice the Games in Appendix A
	+ Basic Concepts and Tips	+ Key Components + Skill Building Practice & Tips	+ 8-Ball + 9-Ball + Individual & Team Exercises

Effective Team

## **High Emotional Intelligence**

### + Effective Team Communication

### = Effective Team Performance



### Process Norms

- No-Cell Phone Use Please take your Cellphone and put it on the table in front of you.
   Give AI a break...
   Listen to your teammates
  - there is no right or wrong answer.
- ✓ Be conscious of TIME.
  ✓ Have FUN, it is only a game.

### 40 min to do this activity

- 1. Form Teams (5 min).
- > Locate your Team's Work Area (table #)
- > Select a Secretary to take notes
- Create a Team Name
- > Form a Circle and follow next activity.

# 5-7 min for this activity.

### 2. Break-the-ice: Individual Speed Intro;

- Nickname (or Name only)
- Favorite Pet/Animal-Why?
- Favorite Food-Why?
- Favorite Hobby/Activity
- What is your Super Power
- What is your Biggest Fear

### **Team Communication**



# 5-7min for this activity.

### 3. Assign Order of Play and Cards;

- Secretary deals cards to each teammate (at least 3 cards per person).
- Secretary and team decide order of card placement
- Each member must place a single card at a time.

#### Effective Team Communication + Skill Building



# 10–15 min for this activity.

4. When your team is ready, team yells





to give you the final instruction. Ready, Set, GO!

#### High Emotional Intelligence



### 5 min wrap-up

- Team Secretary tells what went well and what could have improved.
- Main takeaways from this experience.
   THANK YOU!!

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